



New Horizons projects the positive image of people suffering mental health problems through challenging discrimination by means of education, outreach work, information and support services.

Fundraising Pack



New Horizons
16a Dean Street, Aberdare, CF44 7BN

T: 01685 881113

E: info@newhorizons-mentalhealth.co.uk

www.newhorizons-mentalhealth.org.uk

Registered Charity Number: 1153115

Fundraising ideas.

Fundraising activities based around the things you are most passionate about...

Keep fit.

Challenge yourself with a sponsored swim, walk, run, cycle or dance. Host a Class-A-Thon or a powerlifting competition like One-to-One Gym in Treforest held for New Horizons.



Music.

Challenge yourself and learn to play an instrument and get sponsored by level or hours. Host a 'Music-A-Thon' or a 24hr rave like DJ Swankie.



Live streaming and gaming.

Possible fundraising activities based around the things you are passionate about...



Get together.

Bring people together and raise money with a coffee morning, afternoon tea or offer creative workshops where people can learn new skills.

Guidance.

The New Horizons Volunteer Coordinator is here to help and support you.

Please inform them of your fundraising plans by filling out the application form and keep in contact.

Fundraising policies/terms and conditions

Please go to the Code of Fundraising Practice | Fundraising Regulator website
<https://fundraisingregulator.org.uk/code>

Raffles and Lotteries

If you are considering having a raffle or lottery, please take a look at the Fundraising Regulator's website to abide by the laws.
<https://www.fundraisingregulator.org.uk/code/specific-fundraising-methods/lotteries-prize-competitions-and-free-draw>

Gift Aid

If you have a sponsored event, you can raise 25p more for every £1 you raise.

Just Giving

<https://www.justgiving.com/newhorizons>

Fundraising Donations

There are a variety of ways you can pay in the money you've raised

By Cheque

Please make cheques payable to New Horizons Mental Health, and post to the following address:

New Horizons
16a Dean Street
Aberdare
CF44 7BN

Just Giving

You can pay securely through Just Giving. You can set up a fundraising page on Just Giving and payments will go through securely through there.

Thank you for requesting the New Horizons Fundraising pack.

The most important contribution you can give to a charity is time.

We really appreciate you taking your time to fundraise for New Horizons.



“ Please rest assured every penny raised will be spent to benefit our members who use our service. Good luck in your activity and stay safe, We look forward to hearing from you in due course.

Phil Gillard - Chair

How your money helps us.

Your generous gift will help in the following ways:

£5

will allow one member to experience a social event which they would otherwise not be able to attend.

£20

will cover the cost of a volunteer attending an awareness raising campaign session.

£100

will cover the cost of much needed materials for courses and self-development activities which are provided free of charge to members.

£250

will cover the cost of a short self-development course or activity.

£1000

will cover the cost of recruiting, training and supporting one New Horizons volunteer for a year.

Bydd £5 yn galluogi un aelod i fynychu digwyddiad cyrhaeddiadol na fedrent fynd iddo fel arall. Bydd £20 yn talu am gost gwirfoddolwr i fynychu sesiwn ymgyrch codi ymwybyddiaeth. Bydd £100 yn talu am gost deunyddiau gwerthfawr ar gyfer cyrsiau a gweithgareddau hunan-ddatblygu a gaiff eu rhoi am ddim i aelodau. Bydd £250 yn talu am gost cwrs neu weithgaredd hunan-ddatblygu byr. Bydd £1000 yn talu am gost recriwtio, hyfforddi a chefnogi un gwirfoddolwr Gorwelion Newydd am flwyddyn.

£5

£20

£100

£250

£1000

Sut mae eich arian yn ein helpu.

Bydd eich rhodd hael yn helpu yn y ffyrdd dilynol:



“ Gallwn eich sicrhau y caiff pob ceinlog a godir eu gwario er budd ein haelodau sy'n defnyddio ein gwasanaeth. Pob lwc yn eich gweithgaredd a chadwch yn ddiogel. Edrychwn ymlaen at glywed gennyh maes o law.

Phil Gillard - Cadeirydd

Diolech i chi am ofyn am becyn. Codi Arian Gorwelion Newydd.

Amser yw'r cyfraniad pwysicaf y gallwch ei roi.

Rydym yn wirioneddol ddiolchgar i chi am roi amser i godi arian ar gyfer Gorwelion Newydd.

Syniadau codi arian.

Gweithgareddau codi arian yn seiliedig ar y pethau rydych yn fwyaf angerddol amdanynt...

Cadw'n Heini.

Heriwch eich hun gyda noffo, cerdedd, rhedeg, seiclo neu ddawns noddedig neu cynhaliwch Ddosbarth-A-Thon neu gystadlueaeth codi pwer yng Nghampfa Un-i-Un yn Nhreforest ar gyfer Gorwelion Newydd.



Cerddoriaeth.

Heriwch eich hun a dysgu canu offeryn a chael eich noddi yn ôl lefel neu oriau. Cynhaliwch Gerdd-Athon neu rēf 24 awr fel DJ Swankie.



Ffrydio Byw a Chwarae Geman.

Cysylltwch gyda ffrindiau a chynnal marathon chwarae geman neu godi arian gyda'ch gilydd gyda'ch cymuned ar Twitch YouTube neu Facebook drwy greu digwyddiad codi arian ffrydio byw.



Dod at eich Gilydd.

Dewch â phobl ynghyd a chodi arian gyda bore coffi, te prynhawn neu weithdai creadigol lle gall pobol ddysgu sgiliau newydd.



Canllawiau.

Mae Cydlynwyr Gwirfoddol Gorwelion newydd yma i'ch helpu a'ch cefnogi. Rhowch wybod iddynt am eich cynlluniau codi arian drwy lenw'r ffurflen gais a chadw mewn cysylltiad os gwellwch yn dda.

Polisiau/telerau ac amodau codi arian

Ewch i'r Cod Ymarfer Codi Arian | Rheoleiddiw'r Codi Arian <https://fundraisingsregulator.org.uk/code>

Raffi neu Loteri

Os ydych yn ystyried cynnal raffi neu loteri, edrychwch ar wefan y Rheoleiddiw'r Codi Arian i gydymffurfio â'r cyfreithiau. <https://www.fundraisingsregulator.org.uk/code/specific-fundraising-methods/lotteries-prize-competitions-and-free-draw>

Cymorth Rhodd

Os cynhaliwch ddigwyddiad noddedig, gallwch godi 25c yn fwy am bob £1 a godwch.

Just Giving

<https://www.justgiving.com/newhorizons>

Cyfraniadau Codi Arian

Mae amrwyiaeth o ffyrdd i drosglwyddo yr arian yr ydych wedi ei godi i ni.

Drwy Sïec

Gwnewch sicciau yn daladwy i New Horizons Mental Health, a'u postio ar y cyfreiriad dilynol: Gallwch dalu yn ddiogel drwy Just Giving. Gallwch roi tudalen codi arian ar Just Giving ac atff taliadau trwodd yn ddiogel

Gorwelion Newydd / New

oddi yno.

Horizons
16a Dean Street
Aberdâr
CF44 7BN



Pecyn Codi! Arian



Mae Gorrwllion Newydd / New Horizons yn cyflwyno delwedd gadarnhaol o bobl sy'n diodder problemau iechyd meddwl drwy herio gwahaniaethu drwy ddefnyddio gwasanaethau addysg, gwaith allgyfwrth, gwybodaeth a chymorth.

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